



Dr. Rosemary Stein—Keeping Your Family Healthy During Covid-19 Crisis

Get the best info on how to talk to your kids about the coronavirus and keep them healthy from a pediatrician who knows! It's not all about washing hands. From good health habits to teaching your kids resilience and stress management, Dr. Rose provides a dose of inspiration and encouragement in these troubling times.

[VIEW VIDEO](#)



Mona Corwin—Mom Glue: Holding it All Together

The world feels like it is completely falling apart. Join Mona Corwin, Mom Mentor extraordinaire, as she gives you the glue that holds you, your family, marriage and home together through this crisis and beyond!

[VIEW VIDEO](#)



Kimberly Fletcher—Schooling from Home and Making it Fun

With schools closed across the country, moms and dads now suddenly find themselves temporary homeschoolers and have no idea where to start. Never fear! Help is on the way! Kimberly, a seasoned homeschool mom, shares incredible insights and a plethora of resources to start you on your schooling adventure and even enjoy the journey.

[VIEW VIDEO](#)



Rhonda Hair—Preparing with Confidence

With Covid-19 causing businesses and schools to close and grocery shelves empty many moms are asking what they should do to provide for their families during this time. Rhonda to the Rescue! Rhonda turns panic into power in this presentation introducing great info and tips to help you prepare with confidence!

[VIEW VIDEO](#)



Melanie Hempe—Is More Screen Time the Answer to a Pandemic?

You may not have a choice over what is going on now with COVID-19 but you do have a choice over how much addictive screen entertainment you allow your kids to practice during this quarantine. We have tips to make the most of your time at home and come out of this stronger and less screen dependent.

[VIEW VIDEO](#)



Melissa Conway—Together Apart: Staying Connected While “Physical Distancing”

The world is telling us we need to practice “social distancing” but we need to be connected now more than ever. Melissa has some great ideas and practical suggestions on how we can stay socially connected while physically distancing.

[VIEW VIDEO](#)